

Cette présentation a été effectuée le 28 novembre 2011, au cours de la Rencontre internationale « La prochaine décennie pour les écoles favorisant la santé, le bien-être et la réussite éducative » dans le cadre des 15es Journées annuelles de santé publique (JASP 2011). L'ensemble des présentations est disponible sur le site Web des JASP à la section Archives au : <http://jasp.inspq.qc.ca/>.

Highlights from case study on Germany

- Vision & concept
- Cross-sector collaboration

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New Understandings, Better Integration, Sustainable and Equitable Actions – Schools that Promote Health, Well-being and Educational Success in the Next Decade

Montréal, Québec, Canada, November 28th and 29th, 2011

JASP Workshop

Theme 2 – A Better Integration

WS2-1: Case studies in global school health promotion: strategies and experiences from various countries

Monday 28 November 2011 - 3:30-5:00pm

Richelieu Room, Fairmont The Queen Elizabeth Hotel,
Montreal, Canada

Vision & Concept

- In Germany we 16 federal states, 16 ministries of education, 16 different health education school laws and regulations
- The health promoting school approach in Germany: Only 14% of German schools adopt a whole school approach to health (Paulus & Witteriede, 2008).
- As a result of this and due to other developments (e.g. the results of the Program for International Student Assessment, PISA) the so called 'good healthy school' approach as an innovative concept to school health promotion has been developed in recent years (Paulus, 2005).

Vision & Concept

- This concept takes into account that
- (1) schools main task is education and not fulfilling health duties
- (2) health can contribute to academic outcomes (e.g. Suhrcke & de Paz Nieves, 2011) and
- (3) overall quality of education.
- Within this approach health is seen as a key driver for school quality. Hence, a 'good healthy school' supports the realization of its educational mission by applying health related measures.

Vision & Concept : Anschub.de

- Anschub.de, an alliance for sustainable school health and education in Germany, was the first project of the 'good healthy school' approach on a national level which was developed and piloted from 2002 to 2008 by the Bertelsmann-Foundation.
- The program itself aims at all members of school including pupils, teachers, parents but also school administrations, educational and health ministries and local or regional partners involved in school health promotion (e.g. sport associations; chambers of architects).
- The overall goal of Anschub.de is to sustainably empower schools to systematically improve their educational quality through structured and evidence based health measures (Paulus, 2009).

Vision & Concept

- To achieve this goal, Anschub.de has produced a set of 13 modules thematically ranging from organizational development over activity friendly school to school climate to support the implementation of the program.
- So far, the program is applied by five out of 16 federal states with a total of nine networks which encompass more than 2000 schools
- First evaluation results indicate that schools that participated in the program report significant improvements in all dimensions of school quality over a three year period (with highest effect sizes for pupils, Paulus & Gediga, 2011).

Cross sector collaboration

- The establishment of strong partnerships and networks is one of the basics school health promotion which was given full consideration within Anschub.de.
- The above mentioned alliance of about 60 mostly organizations was developed right at the beginning (e.g. ministries of education, health and accident assurances, teacher training institutes, drug-abuse prevention agencies, national associations of pupils and parents or a professional organization of architects).
- This way of partnering reflects a new way of thinking and allowed that decision makers from various societal fields to discuss and work together to promote health, wellbeing and educational quality.

Cross sector collaboration

- The tasks which were performed by the alliance included the development of a position paper about the basic understanding of an integrated approach to school health promotion and education within Anschub.de as well as support activities in school health promotion on the regional or local level

Cross sector collaboration

- In addition to the national alliance so called 'educational landscapes' that are regional in scope were established.
- Each 'educational landscape' consisted of a network of schools (the more heterogeneous the better) which were supported by regional governmental and non-governmental organizations. All participating schools cooperate with each other to translate the vision of a 'good and healthy school' into practice.
- They were coordinated by a local or regional steering group with representatives from the school and local and/ or regional organizations. Additionally supervision

Thank you very much for your attention
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